

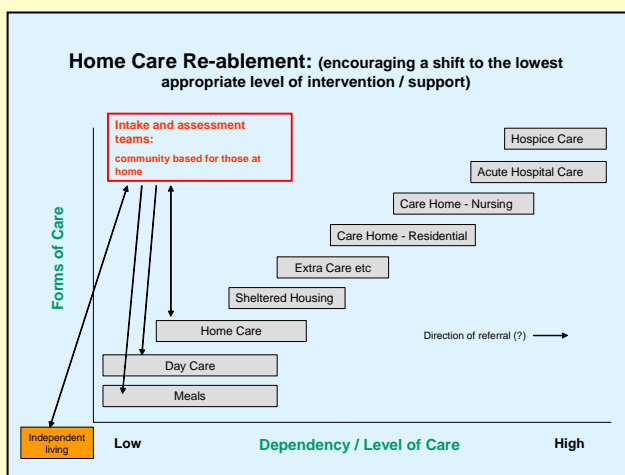


Homecare Re-ablement

Homecare Re-ablement seeks, through the use of timely and focused intensive interventions:

- to maximise long-term independence, choice and quality of life
- appropriately minimise ongoing support required and thereby minimise whole-life cost of care.

This approach focuses on re-abling people so that they achieve their potential in terms of a stable level of independence with the lowest appropriate level of ongoing support or care



Increasing demand

CSSRs continue to face a growth in demand for homecare services as a result of changes in, amongst other things, demographics, the desire to provide care closer to home and the reducing lengths of stay within hospitals.

Many CSSRs have been forced to manage demand for services with tight budgets by changing the level of need they can support. This approach, on its own, will not provide a permanent solution to the pressures they face and a proportion of the unmet need will merely be delayed until people require more intense support.

Scope

Re-ablement can be adopted in many forms: intake approach, hospital discharge only, etc. and is applicable to a range of service groups.

Output

This workstream has brought together a 'body of evidence' in the form of a discussion document that contains a number of case studies based on established services with example documentation and evidence of benefits so that those wishing to establish or extend an existing service can learn from others. All documentation is available via the CSED website, along with copies of the presentations from the launch event.

Based on feedback from CSSRs a number of areas were identified that would help them implement a new service or enhance an existing service faster. These include:

- completion of a longitudinal study to quantify the duration of benefit
- completion of a study to determine the benefits of a mixed skill based team
- examples of assessment documentation
- examples of user and care satisfaction documentation and process
- evidence of benefits to health, thereby supporting engagement of health colleagues

Benefits

A range of Homecare Re-ablement services have been seen that maximise user independence and generate significant reductions in the number of ongoing care hours required.

Case Study Example

Leicestershire Council implemented a county wide Homecare Re-ablement service through its intake teams. An independent evaluation shows that this substantially reduced the number of ongoing care hours required when compared with a control group.

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